

**Contact:**

**Rose Perlmutter**

[Rose@roseperlmutter.com](mailto:Rose@roseperlmutter.com)

**Phone 845-634-3809**

## **Seeking Peace in Nature—Finding Trouble!**

*A Seventy Year Old Woman Uses Her Nature Lens to Examine the Stages of Her Life*

NEW CITY, NEW YORK, November 2, 2015. If you are looking for a serious guide to camping, fishing and birdwatching, do not put this book in your rucksack. However, if you are looking at how a woman uses these nature experiences to make us laugh and cry about the common concerns we all share like belonging, parenting, yearning and aging, then—this is your book.

People who have grown up in cities can relate to the American Dream of finally buying a home in the “country.” Rose Perlmutter defines *country* as any place where there is some grass, a tree, no garbage room, and no subway. *Still Playing in the Dirt: Seventy Years of Stalking Tarzan and Mother Nature* is her memoir that begins in her childhood and continues to today. (Mahoskiss Press, 2014. Print: ISBN : 978-0-9963467-0-2; EBook ISBN: 978-0-9963467-1-9. Available at Amazon, Barnes and Noble, I Books, Kobo; Author Website: [Roseperlmutter.com](http://Roseperlmutter.com).)

In her search for serenity, Perlmutter has pursued nature and adventure throughout her life. Often, instead of finding serenity in the outdoors, usually due to her own ineptitude, she finds trouble.

- Age Seven: “Sometimes you just can’t help getting dirty, especially when you’re handling worms, particularly the wet ones. When you pick up those slimy worms, you get that worm juice all over your fingers, and you don’t even realize you’re wiping your hands on your shorts.”
- Age Twenty: “I spent a long time on the bluff, and I listened to the songs of the waves, rustling beach grass, and calling gulls. On the bluff I reclaimed the music I had shut off during my teenage years. I need nature, solitude, and contemplation— like I need food.
- Age Forty-Five “There are similarities between, Moses, Jesus and my happy little family. All of us have wandered in the wilderness, but when my family came out of the wilderness, everyone was mad at me.
- Age Seventy: “But lately, I’ve noted some changes in my adventurous spirit. I worry more. I’m afraid to go on any excursions alone. I’m not afraid of bad guys or wild animals. I’m afraid that I’ll get lost. I’m afraid that I’ll step out of the car and lock the keys inside. I’m afraid that I’ll fall and break my hip. I’m afraid that I’ll become a burden to my children. I’m afraid that, if my car runs out of gas, all of my friends will be in Florida, and I’ll have no one to call.”

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Rose Perlmutter has won several Most Memorable Awards at Audubon Ecology camps in Maine, Wyoming, and Minnesota. Superlatives like “worst, last,” and “most apt to get lost,” have been used to describe her outdoor nature adventures.

A retired teacher, Rose is currently working as a literacy consultant for New York University in the New York City Schools. Her educational feature articles have been published in *Instructor* and *Learning Magazines*, and her features on the horror and humor of commuting have been published in *Gannett Suburbia Today*. Her short story, “Pot Roast” has been published by *Persimmon Tree*. This is her first book.

Rose lives in New City, New York with her husband (full-time) and a bat (who drops by every now and then).

You can find Rose’s website at [Roseperlmutter.com](http://Roseperlmutter.com)

A Message from Rose Perlmutter

Give my writing a read, please. Try clicking on my website [Roseperlmutter.com](http://Roseperlmutter.com)

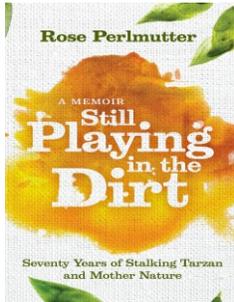
- Click on some of my pages at on the bar at the top.
- Learn in “About Rose” of my roots in the fifties, and click on “My Imaginary Friends” and meet my pals, Grim Streaker and Overthinker.
- Click “My Blog, The Nothing Expert”, and explore some of my writing categories that may resonate with you.
- Click on “Let’s Connect” and let’s talk. I’d love to hear from you.
- Click on “Rose’s Book” and read my elevator pitch that I am too nervous to recite out loud.

Also, it sure would be great if you bought my book!

To do that, just go online to Amazon, Barnes and Noble, I Books; or Kobo and type in “*Still Playing in the Dirt*” and order either a print book or an eBook! Reviews are also welcome!

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## About the Book:



If you are looking for a serious guide to camping, fishing and birdwatching, do not put this book in your rucksack. However, if you are looking at how a woman uses these nature experiences to make us laugh and cry about the common concerns we all share like belonging, parenting, yearning and aging, then—this is your book.

Craving nature, but lived in an urban apartment house presents challenges. People who have grown up in cities can relate to the American Dream of finally buying a home in the “country. Rose Perlmutter defines *country* as any place where there is some grass, a tree, no garbage room, and no subway. *Still Playing in the Dirt: Seventy Years of Stalking Tarzan and Mother Nature* is her memoir that begins in her childhood and continues to today. (Mahoskiss Press, 2014. Print: ISBN : 978-0-9963467-0-2; EBook ISBN: 978-0-9963467-1-9. Author Website: [Roseperlmutter.com](http://Roseperlmutter.com)).

## Review Copies and Media Interviews:

For a review copy of *Still Playing in the Dirt* or an interview with Rose Perlmutter, please contact [Rose@Roseperlmutter.com](mailto:Rose@Roseperlmutter.com) or 845 634-3809. When requesting a review copy, please provide street address.

If you would like to receive this information as a Word document, please let us know.